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DIFFERENTIATED APPROACH IN BIOLOGY TEACHING: WITHIN THE CONTEXT OF INCLUSIVE EDUCATION

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Abstract

This article examines the implementation of differentiated instruction in biology education within inclusive learning environments. The study explores how differentiated pedagogical approaches can effectively accommodate diverse learning needs, abilities, and styles of students in biology classrooms. Through analysis of current research and best practices, this paper provides a comprehensive framework for biology educators to create inclusive learning environments that promote academic success for all students, including those with special educational needs. The research demonstrates that when properly implemented, differentiated instruction in biology not only supports students with diverse learning requirements but enhances the overall educational experience for all learners.

Introduction

The contemporary educational landscape increasingly emphasizes the importance of inclusive education, where students with diverse learning needs, abilities, and backgrounds learn together in mainstream classrooms (UNESCO, 2017). This paradigm shift has fundamentally transformed how educators approach science instruction, particularly in complex subjects like biology where abstract concepts must be made accessible to learners with varying cognitive abilities, sensory capabilities, and learning preferences. The integration of inclusive practices in science education has gained significant momentum following the adoption of

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the Salamanca Statement (1994) and subsequent international frameworks promoting educational equity, establishing a moral and legal imperative for educators to accommodate all students regardless of their individual differences. Biology education, with its intricate theoretical concepts ranging from molecular processes to ecosystem dynamics, presents unique challenges and opportunities for implementing differentiated instruction within inclusive settings. The subject's inherently interdisciplinary nature, combining chemistry, physics, and mathematics, requires educators to employ multiple teaching modalities to ensure comprehension across diverse learning profiles. Differentiated instruction, as defined by Tomlinson (2014), represents a teaching philosophy that tailors instruction to meet individual students' readiness levels, interests, and learning profiles, making it particularly well-suited for addressing the complexities of biology education in inclusive environments.

The significance of this approach extends beyond mere accommodation; it represents a fundamental reimagining of how scientific literacy can be cultivated in all students. Biology, as a foundational science subject, plays a crucial role in developing critical thinking skills, scientific reasoning, and understanding of life processes that are essential for informed citizenship in an increasingly technology-driven world. Therefore, ensuring that all students have meaningful access to high-quality biology education through differentiated approaches is not only an educational necessity but also a societal imperative for developing scientifically literate populations.

Research indicates that students in inclusive biology classrooms demonstrate improved academic outcomes, enhanced scientific reasoning skills, and increased engagement when differentiated instruction is systematically implemented. Furthermore, these approaches benefit not only students with special educational needs but also enhance learning experiences for gifted students and those with diverse cultural and linguistic backgrounds, creating truly equitable learning environments that prepare all students for success in STEM fields.

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Differentiated instruction in biology education is grounded in four fundamental principles that work synergistically to create responsive learning environments. Content differentiation involves modifying what students learn based on their readiness levels, interests, and learning profiles, allowing educators to present biological concepts through multiple entry points while maintaining scientific accuracy. In practice, this might involve offering different levels of complexity when exploring cellular respiration, where some students investigate basic energy conversion processes while others delve into the biochemical pathways and thermodynamic principles underlying ATP synthesis. This approach ensures that all students engage with core biological concepts while being appropriately challenged according to their current understanding and capabilities.

Process differentiation focuses on varying how students engage with biological content through diverse instructional strategies that accommodate different learning preferences and abilities. This principle recognizes that students may require visual, auditory, kinesthetic, or multimodal approaches to effectively process biological information. For example, when teaching genetics, educators might simultaneously employ Punnett squares for visual learners, storytelling approaches for auditory processors, and hands-on modeling activities for kinesthetic learners. The integration of laboratory work, field studies, digital simulations, and collaborative research projects provides multiple pathways for students to explore biological phenomena and develop scientific inquiry skills.

Product differentiation offers multiple ways for students to demonstrate their understanding of biological concepts, moving beyond traditional testing methods to embrace authentic assessment approaches that accommodate various learning strengths and challenges. Students might demonstrate their understanding of ecosystem dynamics through research papers, multimedia presentations, artistic representations, dramatic performances, or community action projects. Learning environment differentiation encompasses both physical and psychological aspects of the classroom, creating flexible spaces that support diverse learning

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needs while maintaining the safety standards essential in biology laboratories. This includes considerations for students with mobility challenges, sensory processing differences, and varying social-emotional needs.

The implementation of these principles requires careful planning and ongoing assessment to ensure that differentiation enhances rather than diminishes academic rigor. Successful differentiated biology instruction maintains high expectations for all students while providing appropriate supports and challenges based on individual needs. This approach recognizes that equity does not mean treating all students identically, but rather providing each student with what they need to succeed in mastering essential biological concepts and developing scientific thinking skills.

Inclusive education in biology is fundamentally grounded in the Universal Design for Learning (UDL) framework, which provides a research-based approach to curriculum design that accommodates individual learning differences from the outset rather than as an afterthought (CAST, 2018). The principle of multiple means of representation requires biology educators to present information through various formats including visual diagrams, auditory explanations, tactile models, and digital interactive media. This approach recognizes that students process information differently and that complex biological concepts often require multiple representational formats to be fully understood. For instance, when teaching about DNA structure, educators might combine traditional textbook diagrams with three-dimensional physical models, interactive computer simulations, and kinesthetic activities where students physically model base pairing.

Multiple means of engagement addresses the critical need to motivate students through culturally relevant examples, varied instructional approaches, and connections to students' lived experiences and interests. In biology education, this might involve exploring local ecosystems, investigating health issues relevant to students' communities, or examining the biological basis of cultural practices and

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traditional knowledge systems. This principle also emphasizes the importance of choice and autonomy in learning, allowing students to pursue topics of particular interest within the broader biology curriculum. Student engagement is further enhanced when biological concepts are connected to current events, environmental issues, and technological innovations that impact students' daily lives.

Multiple means of expression recognizes that students may have vastly different capabilities for demonstrating their knowledge and skills, particularly in a subject like biology that traditionally relies heavily on written assessments and laboratory reports. This principle encourages educators to provide options for students to express their understanding through various formats including oral presentations, visual displays, digital portfolios, practical demonstrations, or creative projects. The framework also emphasizes the importance of providing appropriate scaffolding and supports while gradually releasing responsibility to students as they develop independence in their learning.

The UDL framework in biology education also necessitates consideration of accessibility at all levels of instruction, from ensuring that laboratory equipment can be used by students with physical disabilities to providing alternative formats for students with sensory impairments. This comprehensive approach to accessibility extends beyond compliance with legal requirements to embrace a philosophy of proactive inclusion that benefits all learners by providing multiple pathways to success in biology education.

3. Implementation strategies

Effective curriculum adaptation in inclusive biology education requires systematic modification of content, instruction, and assessment while maintaining the integrity of scientific concepts and inquiry processes. Tiered assignments represent one of the most effective strategies, involving the creation of multiple versions of learning activities that address the same essential

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biological concepts at varying levels of complexity, abstraction, and independence. When studying photosynthesis, for example, beginning students might focus on identifying reactants and products while creating simple diagrams, intermediate students could investigate environmental factors affecting photosynthetic rates through guided experiments, and advanced students might design original research projects examining photosynthetic efficiency in different plant species or environmental conditions. This approach ensures that all students engage with core concepts while being appropriately challenged according to their readiness levels.

Flexible grouping strategies facilitate peer learning and support while ensuring that all students contribute meaningfully to scientific investigations and discussions. Effective grouping considers not only academic readiness but also learning preferences, language proficiency, and social dynamics to create productive collaborative environments. Students might work in heterogeneous groups for certain activities to promote peer tutoring and diverse perspectives, while homogeneous groupings might be employed when students need focused instruction at their specific readiness level. The key is strategic and purposeful grouping that changes based on learning objectives, student needs, and the nature of the biological concepts being explored.

Scaffolded learning approaches provide systematic support structures that help students navigate complex biological concepts and develop scientific inquiry skills gradually. This might include graphic organizers that help students organize information about biological systems, concept maps that illustrate relationships between different biological processes, step-by-step laboratory protocols with varying levels of detail and support, or thinking prompts that guide students through scientific reasoning processes. Digital tools and educational technology can provide additional scaffolding through interactive tutorials, virtual laboratories, and adaptive learning platforms that adjust to individual student needs.

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Curriculum adaptation also involves making biology content culturally relevant and personally meaningful to diverse student populations. This includes incorporating examples from students' cultural backgrounds, exploring the biological basis of traditional ecological knowledge, investigating health issues relevant to students' communities, and examining the work of scientists from diverse backgrounds. Such approaches not only enhance engagement but also help students see themselves as potential scientists and understand the relevance of biological knowledge to their own lives and communities.

Assessment in inclusive biology education must move beyond traditional testing methods to embrace authentic, varied, and accessible approaches that allow all students to demonstrate their understanding and skills effectively. Formative assessment strategies play a crucial role in monitoring student progress and adjusting instruction accordingly, involving regular check-ins through exit tickets, concept mapping exercises, peer discussions, and quick laboratory observations. These ongoing assessments provide valuable information about student understanding without the high stakes associated with summative evaluations, allowing educators to identify misconceptions early and provide targeted support. Digital tools can facilitate formative assessment through real-time polling, online discussion boards, and interactive simulations that provide immediate feedback to both students and teachers.

Authentic assessment approaches connect biology learning to real-world applications and meaningful contexts, engaging students in projects, case studies, and community-based research that demonstrate the relevance of biological knowledge. Students might conduct water quality assessments for local streams, investigate the biological factors affecting community health issues, design solutions for environmental problems, or create educational materials for younger students. These authentic assessments not only evaluate student understanding but also develop critical thinking, problem-solving, and communication skills that are essential for scientific literacy and citizenship.

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Alternative assessment methods accommodate diverse learning strengths and challenges by providing multiple options for students to demonstrate their knowledge and skills. This might include oral presentations for students who struggle with written expression, practical demonstrations for kinesthetic learners, digital portfolios that showcase learning over time, or collaborative projects that leverage different student strengths. The key is ensuring that alternative assessments maintain academic rigor while providing equitable opportunities for all students to succeed.

Performance-based assessments in biology education can include laboratory practical examinations where students rotate through stations demonstrating various skills, field study assessments where students apply ecological concepts in natural settings, or design challenges where students create solutions to biological problems. These assessments not only evaluate content knowledge but also assess students' ability to apply scientific thinking and inquiry skills in novel situations, providing a more comprehensive picture of student learning and capabilities than traditional testing methods alone.

Educational technology serves as a powerful enabler of differentiated instruction in biology education, providing tools and resources that can adapt to individual student needs while enhancing accessibility and engagement. Adaptive learning platforms utilize sophisticated algorithms to adjust difficulty levels, pacing, and content presentation based on individual student performance, providing personalized learning pathways through complex biological concepts. These systems can identify knowledge gaps, provide targeted remediation, and offer enrichment opportunities, essentially functioning as individualized tutors that support students at their point of need. Popular platforms like Khan Academy, McGraw-Hill Connect, and Pearson MyLab provide interactive exercises, video explanations, and immediate feedback that can supplement traditional instruction. Assistive technologies play a crucial role in ensuring that students with disabilities have full access to biology education, including screen readers that

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make digital content accessible to students with visual impairments, voice recognition software for students with motor difficulties, specialized laboratory equipment that can be operated by students with physical disabilities, and communication devices for students with speech or language challenges. Modern laboratory equipment increasingly incorporates universal design principles, featuring large displays, audio feedback, and simplified interfaces that benefit all students while specifically supporting those with disabilities.

Virtual and augmented reality technologies are revolutionizing biology education by making abstract concepts visible and interactive, allowing students to explore molecular structures, travel through circulatory systems, observe cellular processes in real-time, and manipulate variables in ecological systems. These immersive experiences can be particularly beneficial for students who struggle with abstract thinking or have difficulty visualizing complex three-dimensional processes. Virtual laboratories provide safe, cost-effective alternatives to traditional experiments while allowing unlimited repetition and exploration of variables that might be impossible or dangerous to manipulate in real laboratory settings.

Digital collaboration tools facilitate group work and peer learning by enabling students to work together on projects regardless of physical location or schedule constraints. Online discussion forums, shared documents, video conferencing, and collaborative research platforms allow students to engage in scientific discourse, share findings, and learn from diverse perspectives. These tools are particularly valuable for students who may be reluctant to participate in face-to-face discussions or who need additional time to formulate their thoughts and responses.

4. Challenges and solutions

Resource constraints represent one of the most significant barriers to implementing differentiated instruction in biology education, as inclusive approaches often require specialized materials, adaptive technologies, and

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additional planning time that may strain already limited educational budgets. Many schools lack the funding necessary to purchase multiple versions of textbooks at different reading levels, specialized laboratory equipment for students with disabilities, or the technology needed to support diverse learning needs. Furthermore, the cost of professional development for teachers, ongoing technical support, and curriculum development can be prohibitive for many educational institutions. These financial limitations can result in well-intentioned inclusive policies that lack the practical resources necessary for effective implementation.

Teacher preparation represents another critical challenge, as many biology educators enter the profession with strong content knowledge but limited training in inclusive pedagogy, differentiated instruction methods, or disability awareness. Traditional teacher preparation programs often focus primarily on content mastery and general teaching methods, providing minimal exposure to the specialized skills needed to effectively teach diverse learners in inclusive settings. This gap in preparation is particularly pronounced in secondary science education, where teachers are typically trained as content specialists rather than inclusion specialists. The result is educators who may be enthusiastic about inclusive practices but lack the knowledge and skills necessary to implement them effectively.

Time management and workload concerns create significant stress for biology teachers attempting to implement differentiated instruction, as planning multiple versions of lessons, creating varied assessment tools, and providing individualized support requires substantially more time than traditional teaching approaches. The pressure to cover extensive biology curricula within limited time frames can make educators reluctant to invest the additional time required for thorough differentiation. Furthermore, large class sizes common in many schools make it practically challenging to provide the individualized attention that

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effective differentiation requires, leading to teacher burnout and reduced quality of instruction.

Maintaining academic standards while accommodating diverse learning needs presents an ongoing philosophical and practical challenge, as educators must balance the need for inclusion with requirements for academic rigor and standardized test performance. Some educators worry that modifications and accommodations may lower expectations or compromise the integrity of biology education, while others struggle to determine appropriate levels of support that maintain challenge without causing frustration. The pressure from administrators, parents, and external accountability measures can create tension between inclusive practices and academic achievement goals.

Comprehensive professional development programs specifically designed for inclusive biology education can address many teacher preparation deficits through systematic training in Universal Design for Learning principles, assistive technology applications, and evidence-based differentiation strategies. These programs should combine theoretical foundations with practical, hands-on experiences that allow teachers to practice new skills in supportive environments. Effective professional development is ongoing rather than one-time, providing opportunities for teachers to implement new strategies, reflect on outcomes, and receive feedback from mentors and colleagues. Partnerships between universities, school districts, and disability organizations can provide expertise and resources that individual schools might not be able to access independently.

Collaborative planning approaches can significantly reduce individual teacher workload while improving the quality of differentiated instruction through shared expertise and resources. Special education teachers, general education teachers, occupational therapists, and other support staff can work together to develop comprehensive instructional plans that address diverse student needs while maintaining academic rigor. Professional learning communities focused on inclusive science education can provide ongoing support, resource sharing, and

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problem-solving opportunities for educators. These collaborative structures also facilitate the development of mentoring relationships between experienced inclusive educators and those new to differentiated instruction.

Strategic resource allocation and creative funding solutions can help overcome financial barriers to inclusive biology education through grant writing, community partnerships, and shared resource arrangements between schools or districts. Educational foundations, government agencies, and private organizations often provide funding specifically for inclusive education initiatives and assistive technology purchases. Schools can also explore partnerships with local universities, research institutions, and technology companies that may be willing to provide equipment, expertise, or volunteer support for inclusive science programs.

Administrative support and policy development are essential for creating school cultures that prioritize and support inclusive practices through clear expectations, adequate resources, and recognition of teacher efforts in differentiated instruction. Principals and district administrators must understand the complexities of inclusive education and provide both moral and material support for teachers implementing differentiated approaches. This includes reasonable class sizes, planning time, professional development opportunities, and evaluation systems that recognize the additional effort required for effective inclusive instruction. Policy development should address issues such as grading modifications, assessment accommodations, and collaboration expectations to provide clear guidance for educators.

5. Evidence-based outcomes

Research consistently demonstrates positive academic outcomes when differentiated approaches are systematically implemented in biology education, with studies showing improved learning outcomes for both students with and without special educational needs. A landmark study by Santangelo and

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Tomlinson (2012) found that students in differentiated biology classrooms demonstrated significantly higher achievement on both standardized assessments and authentic performance measures compared to peers in traditional instructional settings. These improvements were observed across diverse student populations, including English language learners, students with learning disabilities, and gifted students, suggesting that differentiated instruction benefits all learners rather than merely accommodating those with special needs.

Longitudinal research examining the effects of inclusive biology education reveals sustained improvements in scientific reasoning skills, content knowledge retention, and attitudes toward science among participating students. Students who experienced differentiated biology instruction demonstrated superior performance on measures of scientific inquiry, hypothesis formation, and experimental design compared to peers in traditional settings. Furthermore, these students showed increased confidence in their ability to understand and apply scientific concepts, leading to higher enrollment rates in advanced science courses and STEM career pathways. The positive effects were particularly pronounced for students who had previously struggled in traditional science classrooms, suggesting that differentiated approaches can help close achievement gaps in STEM education.

Student engagement and motivation show marked improvement in differentiated biology classrooms, with observational studies documenting increased participation, higher rates of task completion, and more positive attitudes toward learning. Students report greater satisfaction with biology courses when instruction is tailored to their individual needs and interests, leading to reduced absenteeism and behavioral problems. The use of varied instructional methods, authentic assessments, and culturally relevant examples appears to enhance student investment in learning, with many students developing deeper interests in biological concepts that extend beyond classroom requirements.

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Social inclusion outcomes represent another significant benefit of differentiated biology instruction, with research showing reduced stigmatization and increased peer acceptance in inclusive classrooms employing differentiated practices. Students with disabilities report feeling more accepted and valued when their contributions are recognized and their needs are addressed proactively rather than as exceptions to normal classroom procedures. Peer attitudes toward diversity and inclusion also improve in differentiated classrooms, with students developing greater empathy, understanding, and appreciation for different learning styles and abilities. These social benefits extend beyond the biology classroom, contributing to more inclusive school cultures and improved relationships among diverse student populations.

6. Conclusion

The implementation of differentiated instruction in biology education within inclusive contexts represents both a pedagogical imperative and an unprecedented educational opportunity that has the potential to transform science education for all students. The comprehensive examination of research evidence, implementation strategies, and practical considerations presented in this article demonstrates that inclusive biology education is not only feasible but essential for creating equitable learning environments that prepare all students for success in an increasingly scientific and technological world. The evidence consistently shows that when properly implemented with adequate support and resources, differentiated approaches in biology education benefit not only students with special educational needs but enhance learning experiences and outcomes for all students, including those who are gifted, culturally and linguistically diverse, or simply have different learning preferences.

Success in implementing differentiated biology instruction requires systematic planning, ongoing professional development, adequate resource allocation, and sustained institutional commitment to equity and inclusion. The challenges

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identified in this review, including resource constraints, teacher preparation needs, and time management concerns, are significant but not insurmountable when addressed through collaborative efforts, strategic resource allocation, and administrative support. The solutions proposed, including comprehensive professional development, collaborative planning structures, and creative funding approaches, provide practical pathways for overcoming barriers and creating successful inclusive biology programs.

The positive outcomes documented in research studies, including improved academic achievement, enhanced student engagement, and increased social inclusion, provide compelling evidence for the value of differentiated approaches in biology education. These benefits extend beyond individual student success to encompass broader societal goals of developing scientifically literate citizens, reducing educational inequities, and creating more inclusive communities. The long-term effects of inclusive biology education, including increased STEM participation among underrepresented populations and improved attitudes toward diversity, suggest that these approaches contribute to addressing persistent achievement gaps and promoting social justice in education.

Looking toward the future, emerging technologies, evolving pedagogical approaches, and changing societal expectations will continue to shape the landscape of inclusive biology education. The integration of artificial intelligence, immersive technologies, culturally responsive pedagogy, and interdisciplinary approaches offers exciting possibilities for further enhancing the accessibility and effectiveness of biology education for diverse learners. As educational systems worldwide continue to move toward more inclusive models, biology educators must remain committed to developing and refining differentiated teaching practices that honor both scientific rigor and educational equity, ensuring that all students have opportunities to develop the scientific knowledge, skills, and dispositions necessary for success in the 21st century.

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