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CHANGE IN ROLES IN MODERN FAMILIES

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Abstract

This article provides a scientific and theoretical analysis of the process of changing family roles in modern society. As a result of socio-economic development, globalization, increased education levels, and the widespread spread of ideas about gender equality, the traditional model of family roles is undergoing significant transformation. The article highlights the main factors of changing roles between spouses, parents, and children, as well as their impact on family relationship.

Keywords: Modern family, family roles, gender equality, social transformation, marital relations, parental role, child rearing, family responsibility, democratic family model, traditional family

Introduction

The family is the main social institution of society and plays an important role in the formation and socialization of the individual. In traditional societies, roles in the family were strictly defined, and the man was considered the head of the family and the material provider, while the woman was mainly engaged in household chores and child-rearing.

However, the social, economic, and cultural changes taking place in modern society lead to a revision of these roles. The increasing social activity of women and the active participation of men in family responsibilities form a flexible and equally distributed model of roles in modern families. Therefore, the scientific study of changes in roles in modern families is a pressing issue.

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In Uzbekistan, along with the transmission of family values from generation to generation, global cultural influences, women's activity in the labor market, the assignment of main family responsibilities to women, and the expansion of education and information technologies are leading to the reshaping of family roles.

Main Part

A number of factors influence the change of roles in modern families. First of all, the development of the education system has increased the level of knowledge and qualifications of women, creating the basis for their active participation in the labor market. As a result, a woman is not only a housewife, but also a contributor to the family budget. Secondly, economic factors are causing a redistribution of roles in the family. In the context of modern life, many families need a two-sided source of income, which requires an equal distribution of responsibilities between spouses.

Also, as a result of the influence of mass media and global culture, the ideas of gender equality are becoming widespread. This situation serves to equalize the rights and obligations of men and women in the family.

One of the main factors influencing the change of roles in modern families is education and economic independence. The fact that women receive higher education and engage in professional activity contributes to the equal distribution of responsibilities in the family.

Karimova V.M. in her research notes that the flexibility of the roles of spouses in modern families ensures the stability of family relations. These views are scientifically substantiated in articles published in the journal "Psychology" (Karimova, 2024).

Muslimov N.A. also notes that democratic processes in society have a direct impact on family relations, and connects the transformation of roles based on

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equality with social development. These ideas are highlighted in scientific works published in the journal "Pedagogical Education" (Muslimov, 2023).

The views of these two scholars logically complement each other and demonstrate an important trend in modern family psychology.

Karimova V.M. emphasizes the internal psychological mechanisms of the family, that is, the flexibility of spousal roles ensures family stability through mutual understanding, responsibility sharing, and conflict reduction, and this approach interprets the family as a dynamic system, that is, it is justified that the change of roles depending on the situation and needs is a natural process.

Muslimov N.A. approaches the issue at the social level and connects the formation of equality of roles in the family with democratic processes in society. This idea shows that the family develops not in isolation from society, but under the influence of social development.

In general, these views mean that in a modern family, roles based on cooperation and equality are more effective than traditional rigid roles. And we can consider that the stability of family relations depends not only on personal psychological factors, but also on the socio-democratic environment. These approaches can serve as an important scientific basis for family counseling, marriage psychology, and the upbringing system.

It should also be noted that if the roles of spouses in modern families are redistributed based on the principles of equality and flexibility, and this process is harmonized with democratic values in society, then the stability of family relations increases, the level of mutual psychological satisfaction increases, and the probability of conflicts decreases.

Transformation of family roles

In modern families, the roles of man and woman are moving closer to each other, exceeding traditional boundaries. While men actively participate in raising children and household chores, women play an important role in management, economic support, and decision-making processes.

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In addition, changes are also observed in the relationship between parents and children. The authoritarian methods of upbringing are being replaced by a democratic, cooperative approach. Consideration of children's opinions and respect for their independence are becoming an important feature of the modern family.

In modern families, a convergence of male and female roles is observed. While men are more actively involved in raising children and household chores, women play an important role in economic support and decision-making processes.

Barotov Sh.R., analyzing the role of the family in the socialization of the individual, emphasizes that in modern families, parents are not controlling, but acting as a partner and guiding subject. These thoughts are expressed in his articles published in the journal "Pedagogical Mastery" (Barotov, 2022).

Moreover, Kadyrova M. shows that the role of women in modern families is expanding, and women are becoming not only educators, but also economically and socially active subjects. This issue was covered in scientific research published in the journal "Family and Society" (Kadyrova, 2023).

Barotov Sh.R. and Kadyrova M. as an example highlighting the transformation of roles in the modern family in different, but interconnected aspects, it should be noted that Barotov Sh.R. interprets the family as the main institution of personality socialization and substantiates that the transformation of parents from a controlling position into a partner and guiding subject strengthens the child's independent thinking, social responsibility, and psychological adaptation. This approach shows that democratic relations are becoming a priority in the educational process.

Kadyrova M. connects the expansion of the role of women in modern families with socio-economic changes, emphasizing that women are not limited to educational tasks, but also manifest themselves as economically and socially active subjects. This situation leads to the redistribution of responsibilities and roles in the family, giving new meaning to family stability.

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In general, these scientific views show that in the modern family, the educational process is based on the principles of cooperation and orientation, as a result of which we can see that the roles of women and men are expanding and adapting under the influence of socio-economic conditions.

Agreeing with scholars, it's no exaggeration to say that the relationship between parents and children in families has become not just a parent-controller, but a partner, a friend, and a support that supports children in every task and situation when needed.

The social significance of role change in modern families

Changes in family roles are an important indicator of the process of social adaptation in society. Yuldashev D. assessed the transformation of family roles as a factor determining the family's ability to adapt to new conditions and analyzed this process in his articles published in the journal "Society and Management." (Yuldashev, 2024).

This process contributes to the democratization of family relations, increasing mutual respect and responsibility.

The views of D. Yuldashev, based on the interpretation of the family as a social system, reveal the transformation of family roles as an important indicator of adaptation to changes in society. In his opinion, the renewal of family roles strengthens the family's ability to adapt to external social, economic, and cultural conditions. This process is manifested in the strengthening of democratic principles in family relations, an increase in mutual respect and responsibility between family members. The transition from a rigid distribution of roles to a flexible and collaborative model will reduce conflicts and ensure the internal stability of the family. In general, changes in family roles have a positive impact not only on the internal life of the family, but also on the social adaptation of the individual and their active participation in society, which is one of the important factors in the development of modern society.

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Conclusion

In conclusion, the change of roles in modern families is a logical consequence of the development of society. This process represents not the family's crisis, but its adaptation to new conditions. The distribution of roles based on equality, mutual respect, and responsibility contributes to the stability and health of family relationships.

The results of this article show that in understanding the modern family, along with traditional views, it is important to combine modern scientific approaches. This serves as an important theoretical basis for scientific research at the master's level.

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